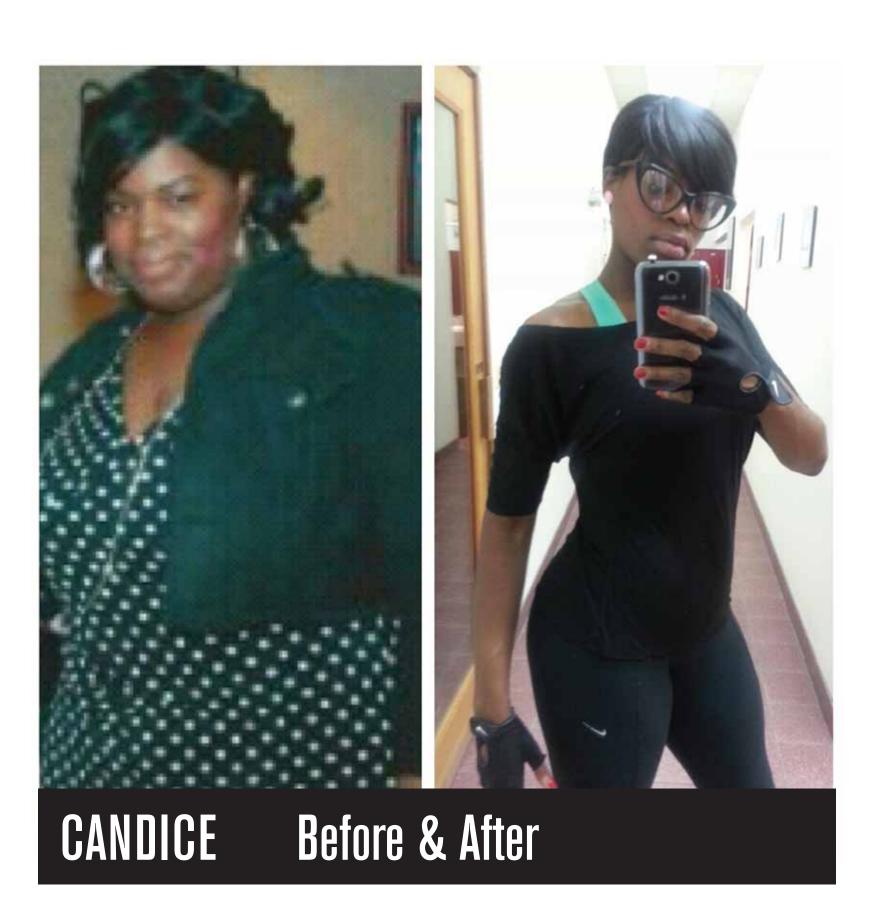
## 

- **WANT TO LOSE** IN A MONTH?
- IS FOOD **YOUR DOWNFALL?**
- DO YOU WANT TO AND WEIGH LESS?





- The Keys to your Nutritional Success
- A Different Approach to Eating
- A Process and Plan to Weight Loss

## LEARN IF YOU ARE TRULY COMMITTED TO LOSING WEIGHT, THEN THIS IS THE PROGRAM FOR YOU!

CALL FOR INFO: 443-653-2146 1131 Benfield Blvd, Millersville clubonefitness@earthlink.net

